

## Labor Day

Labor Day is a United States federal holiday observed on the first Monday in September. The holiday originated in 1882 from a desire by the Central Labor Union (of New York City) to create “a day off for the working man”. Parades and pro-union demonstrations were central to the holiday at least through the time of World War I.

Today, Labor Day is celebrated by most Americans as the symbolic end of the summer (which symbolically begins on Memorial Day). Congress made Labor Day a federal holiday in 1894. All fifty states have also made it a state holiday.

Labor Day has come to mark the beginning of varied things for us. It marks the final holiday before our kids officially start school. As mentioned above, it marks the end of our summer. And last, but not least, Labor Day marks the beginning of the season for the National Football League and NCAA College Football. The NCAA usually plays their first games the weekend of Labor Day, with the NFL playing their first game the Thursday following Labor Day.

## Resident Challenge

9		7						
	3				4		8	
	8	4		7		5		
			1	3			5	
		8				3		
				6	8			
		3		1		4	7	
	2		5				9	
	4					6		1

Do you like mind challenging and boggling puzzles? If so, then complete the Resident Challenge. When you finish the featured puzzle, return it to Sheila or Vicki in the clubhouse office.

Once we have verified the information is correct, it will be entered in a drawing for the “featured treat of the month”. The drawing will take place the 20th

of each month. The winner will be notified to pick up their prize.

This month we are featuring the Sudoku Puzzle. Fill in the numbers, cut out the puzzle, write the name of your two favorite candy bars on the bottom of your entry, and bring it to Vicki or Sheila. All correct completions will be put in a drawing for a King Size candy bar. Have fun and Enjoy!

## RESIDENT REMINDERS

- ◆ We have a nice variety of books and movies in the clubhouse library donated by our residents. Come and check it out!
- ◆ Residents: remember to run cold water while using your garbage disposal. Your disposal is not for large food items, but instead, it's for small food particles.
- ◆ Don't forget to fill out and return to the Clubhouse, your **Game Day Invitation RSVP Card for the Packer Game** hosted in your clubhouse, September 8, 2008 starting at 5:45 pm. with game time kickoff at 6:00 pm. Depending on the interest shown by our residents, will determine the continuation of this monthly event. Help it stay alive.
- ◆ Check out our new website: [www.thewindsorlife.com](http://www.thewindsorlife.com)

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## Green Circle Trail

The location of The Windsor Apartment Homes is within walking distance to the Green Circle Trail, an enjoyable hiking and biking trail that loops around the Stevens Point area.

The nature trail started with a plan formed by a cooperation among communities, corporations, private land owners and individuals in 1989. These individuals were volunteers and worked together to raise money, negotiate with landowners, and coordinate the placement of the trail.

It initially cost \$660,000 in 1996 to design and build the trail, not including labor and no cost easements. The money came from many public and private sources, not to mention city, county, state, and federal government.

The Green Circle Trail started as a 22 mile trail in 1996 and has continued to grow and evolve to a current 30.5 mile trail. It has 14 contiguous segments with each one named for proximity to geographic and historical landmarks.

The trail links Piffner Pioneer, Bukolt, Zenoff, Yulga, Whitetail, Hein, Iverson, Plover River, and Parkwood Parks in Stevens Point, the villages of Whiting and Plover and town of Hull with other publicly owned lands, such as the University of Wisconsin-Stevens Point's Schmeckle Reserve, a forested preserve. The trail follows the scenic Wisconsin and Plover Rivers for miles, which is significant to the areas history of lumber-making pioneer roots in the community.

The trail is used by all ages and ability levels, including UW-SP and local schools as a resource for recreation and education. The Green Circle Trail has also received state and federal recognition, including Outstanding Cooperative Effort from the National Park Service and the Great Lakes Partnership Award from the National Parks and Recreation Association.

The National Park officials consider it one of, and perhaps the only trail system to completely encircle a community. State agencies refer to it as a model for trail development.



### Laughing Section

A sergeant was passing the barracks after lights out, when he heard some voices from inside. He slammed open the door, and shouted: Listen, you guys! A few minutes ago, you all heard me say good night. What you must realize, is that when I say "Good Night," what I really mean is "Shut up!!" The room instantly fell silent. But after a few seconds, a small voice could be heard from somewhere in the far back of the dark room: "Good Night, Sergeant.

### September Facts

September is the ninth month of the year in the Georgian calendar and one of four months with 30 days. It begins on the same day of the week as December every year, due to the fact that there are 91 days separating September and December, which is a multiple of seven (7 days in a week).

It is the start of the academic year in many countries in the Northern Hemisphere.

In the United States, Sept 11th is known as Patriot Day in remembrance of the terrorist attacks in 2001.

In 1752, the British Empire adopted the Georgian Calendar.

September in the Northern Hemisphere is the seasonal equivalent to March in the Southern Hemisphere and vice versa.

September's birthstone is the sapphire and its flower is the aster or morning glory.

### Consumer Information

You have all probably heard about



new scams, identity theft techniques, and fraud, but do you know where to go to get some valuable information on

how to help protect yourself and your personal information?

I found this nifty web site: [www.consumerfraudreporting.org](http://www.consumerfraudreporting.org). On this site you will find information on how to recognize and report any fraudulent activities, prevention tips for individuals, and what to do if you are a victim. There are also free publications for consumers that you can print off.

Relay this website to your family and friends. Check it out and let's see if we can help take a bite out of crime.

### Recipe Corner

#### No Peek Chicken

2 chicken breasts, cut into strips or diced. Layer on the bottom of square cake pan.

Mix 1 box Uncle Ben's Original Flavored Rice (uncooked), 1 can Cream of Chicken, 1 envelope Lipton Onion Soup Mix, and 1 can of water. Sprinkle in about 1/8 tsp of Curry. Pour over the top of the chicken.

Cover with tin-foil and cook at 350° for 2 hours. Do not open the tinfoil.

